



My Students and my daughters I'd be glad to welcome you on the site of our college "faculty of physical education for girls Helwan University" Our college is considered to be the first and the oldest physical education faculty in the middle east.

The faculty is aiming to build suitable environment to produce graduates of a high degree of discipline , stick to the good morals of the job , able to compete in the work market and go through the difficulties of it and meet the requirement of the society in the fields of education physical training and sports management .

Through the developed strategies for the two phases controlled by the national regulations. And sustaining the role of research and sport culture spreading in the whole life phases.

Faculty is concerned to spread the team spirit between who lives in it "professors, workers, students"

Everyone is respecting helping and loving the others which help us proceeding to the better easily and confidently.

Eventually I'm glad to launch this site and inviting you to visit it usually to follow any update about our beloved faculty aiming that you can find the answers about any questions you have