

Department of Motor Expression and Motor Rhythm Training

Department philosophy

Department of Motor Expression and Motor Rhythm Training is considered the largest college department in its inclusion and expansion as the role and obligations of the department are not limited to teach the subjects of motor expression and motor rhythm but the source and skills of the department constitute the infrastructure of other subjects such as rhythmic exercises, gymnastics and presentations of teaching methods and etc.

The department in cooperation with other departments of the college contributes to provide scientific and applied services to the following students:

- a. Bachelor level in one of the following field:**
 - Education (different educational stages).**
 - Sports training in one of the applied specializations.**
 - Sports management.**
- b. Post-graduate studies level as follows:**
 - General diplomas in physical education in a scientific section.**
 - Master of Science in physical education in a scientific section.**
 - Philosophy Doctor in physical education in a scientific section.**

Conditions to enroll the girl in the bachelor level in physical education:

- 1- The girl should have obtained the general secondary certificate or equivalent in the college year of acceptance.**
- 2- The girl should pass through tests of acceptance admitted by the College Board viz. medically comprehensive test, skill test, posture test, physical test, personal test and psychological test.**

- 3- The concerned medical commission outlined by Helwan University should admit the girl's medically comprehensive fitness.
- 4- The girl's age should not exceed 22 years when applying for the college.

OBJECTIVES AND GENERAL OBLIGATIONS OF THE DEPARTMENT

1. Being responsible for teaching academic courses of the department.
2. Cooperating with the other scientific departments of the college in teaching courses required for obtaining bachelor degree in physical education.
3. Preparing specialists in fields of training motor expression and motor rhythm.
4. Conducting researches and studies in different fields of physical and sports education related to the study courses in the departments.
5. Providing scientific consultation in fields of specialization related to the department.

GENERAL OBJECTIVES FOR TEACHING MOTOR RHYTHM CURRICULUM

1. To have girls gain knowledge facts and information related to branches of motor rhythm such as ballet, modern dance and folk dance.
2. To have girls gain bases and skills of motor performance of branches of motor expression such as ballet, modern dance and folk dance.
3. To develop the aesthetic taste and psychological and social traits of branches of motor expression such as ballet, modern dance and folk dance.

SPECIAL OBJECTIVES FOR TEACHING MOTOR EXPRESSION CURRICULUM TO THE FOUR GRADES

- 1. To have girls gain basic information of motor expression skills such as ballet, modern dance and folk dance.**
- 2. To have girls gain and master basic skills included in motor expression such as ballet, modern dance and folk dance.**
- 3. To prepare girls to accept motor expression.**
- 4. To have girls gain information and basic knowledge on bases of designing training and presenting motor expression.**
- 5. To develop skill abilities to reach the optimum performance in motor expression skills being outlined.**
- 6. To develop appreciation of the role of motor expression in physical education.**