



Helwan University

Faculty of Physical Education for Girls, Al-Jazira

The general schedule for Department of Motor Expression and Motor Rhythm Training

Bachelor Level–first term

(training – specialty – education)second and fourth group 2015–2016

٦ ، ٥	٤ ، ٣	٢ ، ١	day
<p>D.SAIDA(11) + D.SAIDA(10) D.AML(8) + D.AML(7) D.HAGER(12) + D.SHIMAA(9)</p>		<p>D.LILA(16) +D.NADIA(13) D.HAGER(17) + D.KUSAR(14) D.WALAA(18) + D.MAGDA(15) physical preparing* (D.AMAL + D.EMAN+D.EKHLAS) ARMCHAIR FOR) SPECIALTY TRAINING* (educational GROUP ((D.AMAL +D.SAMIA + D.SAFIA)</p>	sunday
<p>MANAGEMENT GROUP * ARMCHAIR FOR) EVERY WEEK (ROUND) (MANAGEMENT GROUP (D.EMAN + D.EKHLAS)</p>	<p>(FOLK) SPECIALTY TRAINING * D.NADIA+D.EMAN+D.EKHLAS</p>	<p>FOURTH) SPECIALTY TRAINING * (EDUCATIONAL GROUP (D.GANA+D.SHIMAA+ D.HAGER)+D.OLA) (practical management in Motor Expression) *</p>	monday

(SPECIALTY)(ARMCHAIR) SPECIALTY TRAINING* D.EMAN+D.EKHLAS (ROUND) D.AMAL +D.SAMIA + (D.KAMELIA . D.SEGAL,D.NADIA , D.SAFIA		(D.EMAN + D.EKHLAS) (MODERN) SPECIALTY TRAINING D.SHIMAA +(D.KAMELIA ,D.AMAL , D.SAFIA	
(SPECIALTY) DYNAMICS * (D.SEGAL – D.SAMIA) D.MAHA(3)+ D.SAIDA(1) D.LILA(4) +D.OLA(5) D.WALAA(6)+ D.WALAA(2)	(SPECIALTY) TRAINING PROGRAMMES * (D.SAFIA +D.NADIA)	(SPECIALTY) MECHANICS* D.SHIMAA / D.KAMELIA	tuesday
	SPECIALTY TRAINING * (BALLET) (D.SEGAL – D.SAMIA)	D.HAGER(4) + D.KUSAR(1) D.OLA(5) + D.MAGDA(2) D.WALAA(6) + D.MAHA(3) , D.NADIA)) (ROUND) SPECIALTY TRAINING * (D.EMAN ,D.EKHLAS (D.KAMELIA ,D.AMAL , D.SAFIA) (D.SEGAL ,D.SAMIA)	wednesday
FOURTH SPECIALTY GROUP (OUTWORK TRAINING)	D.LILA(16)+D.NADIA(13) D.HAGER(17) + D.KUSAR(14) D.WALAA(18) + D.SHIMAA(15)	D.SAIDA(11)+ D.SAIDA(10) D.AML(7) + D.AML(8) D.LILA(12)+D.LILA(9)	thurthday

HEAD OF DEPARTMENT

PROF/OLA TWFIK EBRAHIM