



Faculty of Physical Education



Lectures schedule for sports games training department
First semester 2015-2016

Days	الفرقة	Section 1	Section 2	Section 3	Section 4	Section 5	Section 6	Section 7	Section 8	
Sunday	First Grade	(٧) (٨) (٩) (١٠) (١١) (١٢) Wafa Amira Samah Mai T Amira Mai T (Mai) Tennis					(1) (2) (3) (4) (5) (6) Dalia Amira 2 Shymaa Dalia 2 Shymaa Amira (2Nermen) (1Ma) 1 Rania (2Nermen) 1Rania (2Mennan) ,(2Mennan)			
	Third Grade	(5) (6) Basket Handball Handball Basket Olfat / Sahar Sahar / Olfat (Sarah)/(Maha) (Maha)/(Sarah)		(7 + 8) Lecturer Theory Volley Hand Hockey Basket Elham Shymaa Shymaa Wafa (Mai) (Nermen)		Lecturer Theory (1 + 2 + 3 + 4) Handball Volley Basket Hockey Halah(Maha) Elham(Mai) Amira(Sarah) Rania				
	Fourth Grade	Basket Handball Volley Paddle Hockey Wafa Hala Laila Amira Nermen (Nermen) (Esraa) (Mennan) Physical Preparation and skills								
Monday	First Grade	(٧) (٨) (٩) (١٠) (١١) (١٢) 2 Shymaa Reda 2 Manal 2Heba 2Heba 2 Shymaa 1 Afaf (2Nermen)(2Nermen) 1 Ola 1 Ola 1 Afaf 1 Aza Volley Basket Basket Handball Handball Volley			(١٣) Dalia Basket	(١٤) Rania Handball	(١٥) Dalia Basket	(١٦) 1 Ola Handball	(١٧) 1 Ola Handball	(١٨) Rania Hand

					(٦+٥) (٤) (٣+٢) (١) Mai Samah Eman Samah Tennis								
	Third Grade	(1) Basket Handball Dalia / Sanaa (Maha)	(2) Volley Basket Amira B/Amira Sh	(3) Hand Basket Sahar/ Amira (Maha)	(4) Hand Volley Hanem/ Soher (Maha)/ (Mai)	(5) Volley Hend / Lalia (Sarah)	(6) Hockey Laila/ Nermen (Mai) (Sarah)	(7) Hand Samah/Hend	(8) Volley Hockey Mai T/ Hend	(9) Hand Ola(Maha)/Mai	(١٠) Hockey Hend/ Rania	(١١) Basket Eman / Mai	(12) Hand Eman/ Rania
	Fourth Grade	Hand Sanaa Volley Afaf (Esraa) (Mai)	Paddle Aza Basket Aisha Hockey Amira (Sarah)	Basket Wafa (Nermen) Hockey Nermen(Nermen)	Basket Sahar(Esraa) Handball Hanem(Esraa)	Volley Laila Paddle Heba Hockey Heba Nermen(Sarah) Olfat (Sarah)	Specialized training (Lecturer Theory)		Specialized training(Practical)				
Tuesday	First Grade	(١٨) Aza (Maha)	(١٧) Reda (Sarah)	(١٦) Aza (Maha)	(١٥) 2 Elham (Mai)	(١٤) Reda (Sarah)	(١٣) Afaf (Mai, Menan)	(٦) Shymaa Hand	(٥) 2Amal 1 Mai Basket	(٤) Rasha (Mennan) Volley	(٣) 2Amal 1 Mai Basket	(٢) Shymaa (Mennan) Hand	(١) 1Shymaa 2 Rasha Volley
	Third Grade												
	Fourth Grade	Hand Heba Volley Rasha	Paddle Eman Basket Mai	Basket Wafa Hockey Wafa	Hand Sanaa Volley Elham	Basket Somaya Paddle Hockey Eman Amal	Biomechanics		Kinesiology				
Wednesday	First Grade	(٦) Manal Shymaa (Nermen)	(٥) Rasha (Menan, Esraa)	(٤) Samah Hand	(٣) Rasha Volley	(٢) Manal Basket	(١) 2 1 Hanan (Maha) Hand	(١٢) Shymaa Hand	(١١) Shymaa Volley	(١٠) 2 Somaya 1 Hanaa Basket	(٩) 1 Samah 2 Shymaa Hand	(٨) Shymaa (2Mai) Volley	(٧) Manal (Nermen) Basket

	Third Grade	<p>(٤) Basket Hockey Hanna / Shymaa (Sarah)</p> <p>(٣) Hockey Volley Rania / Soheir (Mai)</p> <p>(٢) Hand Hockey Hanem/ Shymaa (Maha)</p> <p>(١) Volley Hockey Soheir /Somaya (Mai) (Esraa)</p> <p>Lecturer Theory</p> <p>(٨) Basket Hanaa / (Sarah)</p> <p>(٧) Hand Rania</p> <p>(٦ + ٥) Hand Basket Samah/ (Maha) (Sarah)</p>					<p>Lecturer Theory</p> <p>(١٢) Volley Shymaa</p> <p>+</p> <p>(١١) Handball Rania</p> <p>+</p> <p>(١٠) Basket Hanaa (Sarah)</p> <p>+</p> <p>(٩) Hockey Amira (Esraa)</p>			
	Fourth Grade	<p>Hand Hala</p> <p>Volley Esha</p> <p>Paddle Dalia</p> <p>Basket Eman</p> <p>Hockey Hend</p> <p>Field Training Specialist</p>								
Thursday	First Grade	<p>(١٨) Shymaa</p> <p>(١٧)+(١٦) 2 Esha (Esraa) 1 Shymaa</p> <p>(١٥) Samah</p> <p>(١٤) Shymaa</p> <p>(١٣) Samah</p> <p>Volley</p> <p>Volley</p> <p>Hand</p> <p>Volley</p> <p>Hand</p>								
		<p>(١٢) Eman</p> <p>(١١) Eman</p> <p>(١٠) Shymaa</p> <p>(٩) Shymaa</p> <p>(٨) Samah</p> <p>(٧) Samah</p> <p>Basket</p> <p>Basket</p> <p>volley</p> <p>volley</p> <p>Hand</p> <p>Hand</p>								
	Third Grade	<p>(١٢) Hocky Rania</p> <p>Volle Hend (Menan)</p> <p>(١١) Volley Hend (Mennan)</p> <p>Han Ola (Esraa)</p> <p>(١٠) Hocky Raina (Nermen)</p> <p>Basket Esha (Mennan)</p> <p>(٩) Volley Basket Hend Esha (Nermen)</p>								
	Fourth Grade	<p>Hand Ola Rania</p> <p>Volley</p> <p>Paddle Amira Rasha</p> <p>Basket Esha(Nermen) Amal</p> <p>Hockey Amal Amira</p> <p>Specialized training(Practical)</p>								