# Curriculum vitae

### Hala Eid Mohamed Ibrahim



## **Personal information:**

Date of birth 29/3/1987 -Nationality: Egyptian
-Gender: female
-Mobile: 01119544052
-Email: hala\_eid2011@hotmail.com
-Address: 125 officer city, Remaya square, EL-Haram St.

## **Education:**

Bachelor of Physical Education Faculty, Helwan University, rule of May 2007/2008.

- General estimate is excellent with honor (first).

### **Basic career:**

-<u>Assistant Lecturer</u> of physical education in the department of Biological Sciences and Sport Health "Division of Physiology" Physical Education Faculty for girls – Gizera – Helwan University.

-Awarded the title of the <u>European Master</u> in Health and Physical Activity from Rome (Italy) at the University of Rome "Foro Italico" on 3 October 2011.

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- Awarded second master followed by Helwan University.

- Preparing for PHD followed by Helwan University.

#### **Professional experience:**

- Worked at misr international hospital in health club (Cairo, Egypt 2008-2009).

-Intensive Course about Sport Physiology and Public Health for all age in (Rome, Italy 2009).

- Training Course about Laboratory and Field Tests for Athletes in (Vienna.2010).

- Training course about Fitness and Rehabilitation in Sports for Elderly People in (Köln, German 2010).

 Tempus Final Conference Organization (Egypt Sport Science to Job Market & Bologna Process September 2010).

- Working at se7aty gym (Cairo, Egypt 2011-2013).

#### **<u>Certified training courses:</u>**

- finished the training course "physical massage".

-finished the training course "<u>use of technology in teaching</u>" in Helwan University.

- finished the training course "credit hours system" in Helwan University.

- finished the training course "<u>Conference Organization</u>" in Helwan University.

- finished the training course "student evaluation" in Helwan University.

- finished the training course "<u>international publishing of research</u>" By DAAD project

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- finished the training course "proposal writing" By DAAD project.

- finished the training course "<u>Effective time and action management</u>" By DAAD project

- finished the training course "Ethics in science" By DAAD project

#### **Computer skills:**

-Certificated ICDL.

#### Language skills:

-Very good command in English language (written &listen and spoken certificated from "New Horizon".

- National Toefl in English language "certified from Cairo University, Center for Foreign Language.

#### conferences:

\* **<u>TEMPUS</u>** Final Conference 2010: Egypt Sport Science To Job Market &Bologna Process, Septmber 2010.

\* In the <u>8<sup>th</sup> National Conference of Human Performance in Health</u> <u>&Disability</u> in Grand Nile Tower During the Period from the 19-21 <sup>th</sup> of April 2012

\* <u>Best Budies International</u> Sub- Regional Conference Middle East & North Africa (MENA) 2-6 April, 2014, Cairo Egypt.

\* In the <u>10<sup>th</sup> National Conference of Human Performance in Health &</u> <u>Disability</u> in Grand Nile Tower During the Period from the 19<sup>th</sup> To the 20<sup>th</sup> of June 2014

#### **Volunteers activities:**

- Certificate of participation in organizing the Festival Walk for Friendship (best buddies, Cairo Egypt).
- Training course for young sports leaders from the British council.
- Training course for local tutor from the British council.
- Training course for policies protect the rights of the child from the British council
- participate in the presentation with in college sport.
- participate in the annual sports day at the faculty.
- participated in the annual scientific conference of the college.
- participated in the annual scientific conference about fitness and rehabilitation in sports